

Arnowitt-Deser-Misner Formalism

A Hamiltonian Formalism of Einstein Gravity

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April 11th 2008

Quantum Gravity Seminar

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Why do we want a Hamiltonian Formulation of GR

- We want **Quantum Gravity** and know how to do canonical quantization
- Central for Wheeler-DeWitt and Geometrodynamics, LQG,...
- Deep insights into nature of constraint- and gauge systems.
- Numerical GR needs a description in terms of foliations in order to describe the dynamical evolution of events.

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2 Foliation of Space–Time

Requirements

- Hamiltonian formalism requires a time coordinate, since otherwise $p = \partial L / \partial \dot{q}$ cannot be defined.
- Must cast GR in a form where it exhibits a distinguished time.
(does that not break $\text{Diff}(\mathcal{M})$? \Rightarrow No, to the contrary!)

Definition

A **foliation** of \mathcal{M} is a diffeomorphism $X : \mathbb{R} \times \sigma \rightarrow \mathcal{M}$.

Facts

- space–time is a 4-dim **globally hyperbolic manifold**, and as such admits a foliation
(topological: Geroch '70 and metrical: Bernal and Sanchez '03-'06)
- foliation fixes space–time topology to be $\mathcal{M} \cong \mathbb{R} \times \sigma$
(might have to allow for topology change in quantum gravity)

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Breaking of $\text{Diff}(\mathcal{M})$?

- EH-action is invariant under $\text{Diff}(\mathcal{M})$ fixing a coordinate system breaks $\text{Diff}(\mathcal{M})$
- specification of $X(\sigma)$ breaks $\text{Diff}(\mathcal{M})$ but if we keep X general $\text{Diff}(\mathcal{M})$ is preserved.
- Define the pulled back action to be equal to the EH-action:

$$S_{\text{ADM}}[X^*g] := S_{\text{EH}}[g].$$

\Rightarrow freedom of choice of the foliation is "equivalent" to $\text{Diff}(\mathcal{M})$

$$S_{\text{EH}}[\phi^*g] \equiv S_{\text{ADM}}[X^* \circ \phi^*g] = S_{\text{ADM}}[(\phi \circ X)^*g] = S_{\text{ADM}}[X'^*g]$$

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2 Foliation of Space–Time

Tangent Space of Submanifolds

Let (\mathcal{M}, g, ∇) be a 4-dim Lorentzian space–time and (σ, h, D) an embedded 3-dim Riemannian submanifold with the embedding $X : R \times \sigma \rightarrow \mathcal{M}$

$$t^\mu := \frac{\partial X^\mu(t, x)}{\partial t} = N(X)n^\mu(X) + N^\mu(X)$$
$$T_p \mathcal{M} = N_p \Sigma_\tau \oplus T_p \Sigma_\tau$$

- The functions N and N^μ are called **lapse function** and **shift vector** respectively
- t^μ is interpreted as describing the "flow of time".

Metrics

$$(X^*g) \text{ on } R \times \sigma \quad \text{and} \quad g_{\mu\nu} \text{ on } \mathcal{M}$$
$$h_{ab} \text{ on } \sigma \quad \text{and} \quad h_{\mu\nu} \text{ on } \Sigma_t := X_t(\sigma)$$

We have the relations

$$h_{ab} := g_{\mu\nu} X_{,a}^\mu X_{,b}^\nu \quad \text{and} \quad h_{\mu\nu} := g_{\mu\nu} - sn_\mu n_\nu$$

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Dynamic ADM variables

After the foliation, what variables encode the 10 DOF of $g_{\mu\nu}$?

$$\begin{aligned} ds^2 &= g_{\mu\nu} dX^\mu \otimes dX^\nu = g_{\mu\nu} [\dot{X}^\mu dt + X_{,a}^\mu dx^a] \otimes [\dot{X}^\nu dt + X_{,b}^\nu dx^b] \\ &= g_{\mu\nu} [(Nn^\mu + X_{,a}^\mu N^a) dt + X_{,a}^\mu dx^a] \otimes [(Nn^\nu + X_{,b}^\nu N^b) dt + X_{,b}^\nu dx^b] \\ &= (sN^2 + h_{ab}) [dt \otimes dt] + h_{ab} N^b [dx^a \otimes dt + dt \otimes dx^a] + h_{ab} [dx^a \otimes dx^b] \end{aligned}$$

We choose (h_{ab}, N^a, N) as **ADM variables** since we can fully reconstruct $g_{\mu\nu}$ from (h_{ab}, N^a, N) .

Curvature of Submanifolds

We have two different notions of curvature for the submanifolds Σ_t

- **Extrinsic curvature** (2nd fundamental form)

$$K_{\mu\nu} := \nabla_\mu n_\nu = h_\mu^\alpha \nabla_\alpha n_\nu = \frac{1}{2} \mathcal{L}_n h_{\mu\nu}$$

measures how much a vector tangent to Σ_τ will fail to be tangent if we parallel transport it using ∇ .

- **Riemannian curvature** ${}^{(3)}R$ of $D_\mu f := h_\mu^\nu \nabla_\nu \tilde{f}$

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Vacuum Einstein Action

$$S_{\text{EH}} = \frac{1}{2\kappa} \int_{\mathcal{M}} d^4x \sqrt{-g} \left[{}^{(4)}R \right]$$

$$\text{with } \kappa = 8\pi G/c^4 \text{ and } \Lambda = T_{\mu\nu} = 0$$

- For foliation we need to reformulate this in terms of ADM variables (h_{ab}, N^a, N) .

Gauss-Codazzi Equations

Gauss equation

$${}^{(3)}R_{\mu\nu\alpha\beta} = 2s[K_{\alpha\mu}K_{\nu\beta} - K_{\alpha\nu}K_{\mu\beta}] + h_{\mu}^{\rho}h_{\nu}^{\sigma}h_{\alpha}^{\lambda}h_{\beta}^{\gamma}{}^{(4)}R_{\rho\sigma\lambda\gamma}$$

Codazzi Equation

$$D_{\mu}K_{\nu\lambda} - D_{\nu}K_{\mu\lambda} = h_{\mu}^{\rho}h_{\nu}^{\sigma}h_{\alpha}^{\lambda}{}^{(4)}R_{\rho\sigma\lambda\gamma}n^{\gamma}$$

$${}^{(4)}R = {}^{(3)}R - s[K_{\mu\nu}K^{\mu\nu} - K^2] + 2s\nabla_{\mu}[n^{\nu}\nabla_{\nu}n^{\mu} - n^{\mu}\nabla_{\nu}n^{\nu}]$$

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Constraints

The vacuum Einstein equations $G_{\mu\nu} = 0$ yield

$$0 = G_{\mu\nu} n^\nu h_\alpha^\mu = R_{\mu\nu} n^\nu h_\alpha^\mu \quad (1)$$

$$0 = G_{\mu\nu} n^\mu n^\nu = R_{\mu\nu} n^\mu n^\nu + \frac{R}{2} \quad (2)$$

(1)+(Codazzi) gives the **spatial diffeomorphism constraint**

$$D_\mu K_\nu^\mu - D_\nu K = 0$$

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$$K^2 - K_{\mu\nu} K^{\mu\nu} + {}^{(3)}R = 0$$

Initial Value Problem in GR

- $(\Sigma, h^{\mu\nu}, K^{\mu\nu})$ are initial data in GR
- Diffeomorphism and Hamiltonian constraint are initial value constraints that any choice of $(\Sigma, h^{\mu\nu}, K^{\mu\nu})$ will have to satisfy
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ADM-Lagrangian

- For the volume element one finds $\sqrt{-g} = N\sqrt{h}$
- After inserting this and the Codazzi equation into S_{EH} , we pull it back to $R \times \sigma$ and get

$$S_{\text{ADM}} = \frac{1}{2\kappa} \int_R dt \int_\sigma d^3x N \sqrt{h} \left[s(K^2 - K_{ab}K^{ab}) + {}^{(3)}R \right]$$

- ${}^{(3)}R = {}^{(3)}R(h, \partial_a h)$ and $K_{ab} = \frac{1}{2N} [\dot{h}_{ab} - (\mathcal{L}_{N^a} h)_{ab}] = K_{ab}(h, \dot{h}, N^a)$.
- $\Rightarrow S_{\text{ADM}}$ does not depend on \dot{N}, \dot{N}^a

Conjugate Momenta

In order to perform the Legendre transformation we need the conjugate momenta

$$P^{ab} := \frac{\delta S_{\text{ADM}}}{\delta \dot{h}_{ab}} = \frac{s}{2\kappa} \sqrt{h} [h^{ab} K - K^{ab}]$$

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Singular Systems

Euler-Lagrange-Equations for a system with N DOF

$$0 = -\frac{d}{dt} \frac{\partial L}{\partial \dot{q}^i} + \frac{\partial L}{\partial q^i} = -\frac{\partial^2 L}{\partial \dot{q}^i \partial \dot{q}^j} \ddot{q}^j - \frac{\partial^2 L}{\partial \dot{q}^i \partial q^j} \dot{q}^j + \frac{\partial L}{\partial q^i} = -\underbrace{W_{ij}(q, \dot{q})}_{\text{Hessian}} \ddot{q}^j + V_i$$

$$\ddot{q}^j = (W^{-1})^{ij} V_i$$

- If $\det(W) = 0$ accelerations are not uniquely determined by $(q, \dot{q}) \Leftrightarrow$ **Singular System**. \Rightarrow Different time evolutions will stem from the same initial conditions (Dirac's definition of gauge equivalence)
- Generalized Bianchi identities: **Gauge theory** \Leftrightarrow **Singular System**
- Only if $W_{ij} = (\partial p_i)/(\partial \dot{q}^j)$ is invertible, can this relation be solved for all velocities in terms of phase space variables $\dot{q} = \dot{q}(q, p)$. In the other case not all momenta are independent.

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Primary constraint surface

Let $\text{rank}(W) = R < N \Rightarrow \exists M = (N - R)$ null-eigenvectors

$$Y_m^i(q, \dot{q})W_{ij}(q, \dot{q}) = 0 \quad \Rightarrow \quad \phi_m(q, \dot{q}) := Y_m^i V_i = 0$$

- The func. independent $\phi_k = 0$ with $k \in K \leq M$ are called Lagrange constraints.
- The ϕ_k define a constraint $2N - K$ dimensional **primary constraint surface** Γ_p .
- Call $F(q, p)$ weakly zero $F \approx 0$, if $F|_{\Gamma_p} = 0$.

Theorems for primary constraints

- **Theorem 1** If $F(q, p)|_{\Gamma_p} = 0$, then $F = f^k \phi_k$ for some $f^k \in C^\infty$
- **Theorem 2** If $\lambda_i \delta q^i + \mu^i \delta p_i = 0$, then

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Canonical Hamiltonian

Define the **canonical Hamiltonian** through the Legendre Transformation

$$H_c := \dot{q}^i p_i - L$$

The following shows that H_c is a function of p and q only.

$$\begin{aligned} \delta H_c &= \dot{q}^i \delta p_i + \delta \dot{q}^i p_i - \delta \dot{q}^i \frac{\partial L}{\partial \dot{q}^i} - \delta q^i \frac{\partial L}{\partial q^i} = \dot{q}^i \delta p_i - \delta q^i \frac{\partial L}{\partial q^i} \\ &= \delta \dot{q}^i \frac{\partial H_c}{\partial q^i} + \delta p_i \frac{\partial H_c}{\partial p_i} \end{aligned}$$

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$$\begin{aligned} \delta H_c &= \dot{q}^i \delta p_i + \delta \dot{q}^i p_i - \delta \dot{q}^i \frac{\partial L}{\partial \dot{q}^i} - \delta q^i \frac{\partial L}{\partial q^i} = \dot{q}^i \delta p_i - \delta q^i \frac{\partial L}{\partial q^i} \\ &= \delta \dot{q}^i \frac{\partial H_c}{\partial q^i} + \delta p_i \frac{\partial H_c}{\partial p_i} \end{aligned}$$

and thus

$$\left(\frac{\partial H_c}{\partial q^i} + \frac{\partial L}{\partial q^i} \right) \delta q^i + \left(\frac{\partial H_c}{\partial p^i} - \dot{q}^i \right) \delta p^i = 0$$

with Theorem 2 it follows that

$$\begin{aligned} \dot{q}^i &\approx \frac{\partial H_c}{\partial p_i} + u^k \frac{\partial \phi_k}{\partial p_i} \\ -\dot{p}^i &= -\frac{d}{dt} \frac{\partial L}{\partial \dot{q}^i} = -\frac{\partial L}{\partial q^i} \approx \frac{\partial H_c}{\partial q_i} + u^k \frac{\partial \phi_k}{\partial q_i} \end{aligned}$$

Primary Hamiltonian

This motivates the definition of the **primary Hamiltonian** H_p

$$H_p := H_c + u^k \phi_k$$

For any phase space function $F(q, p)$ the **time evolution** then follows from

$$\dot{F} \approx \{F, H_p\}$$

Consistency conditions

We must enforce **consistency conditions** that ensure that the EOM preserve the constraints.

$$\dot{\phi}_m \approx \{\phi_m, H_c\} + \{\phi_m, \phi_n\} u^n =: h_m + C_{mn} u^n \approx 0$$

Distinguish two cases

1.) $\det C \neq 0$

u is uniquely fixed to be $u^n \approx C^{nm} h_m \Rightarrow$ evolution preserves Γ_p

2.) $\det C \approx 0$

u is not fixed and $\dot{\phi}_m \approx 0$ leads to a certain number R of **secondary constraints**

$$\phi_r \approx 0, \quad r \in \{M+1, \dots, M+R\}$$

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Dirac-Bergman algorithm

- The primary and secondary constraints ϕ_j , $j = 1, \dots, M + R$ define the hypersurface $\Gamma_1 \subseteq \Gamma_p$
- We have to check the consistency for the primary and secondary constraints on Γ_1 : $\dot{\phi}_j \approx 0$.
- This might lead to tertiary constraints and $\Gamma_2 \subseteq \Gamma_1$.
- This procedure terminates after a finite number of iterations on $\Gamma \subseteq \dots \subseteq \Gamma_1 \subseteq \Gamma_p$ with $\phi_j \approx 0$, $j = 1, \dots, M + K$.
- Note that the primary constraints are merely consequences of the definition of the momenta, whereas we used the EOM to arrive at the secondary constraints.

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First and second class constraints

A function $F(q, p)$ is called **first class**, if $\{F, \phi_j\} \approx 0$ for all (primary and secondary) constraints ϕ_j . Otherwise it is called **second class**.

$$\begin{aligned}\dot{F} \approx \{F, H_p\} &= \{F, H_c\} + \{F, \phi_k\} u^k \\ &= \{F, H_c\} + \{F, \gamma_a\} u^a + \{F, \chi_b\} u^b\end{aligned}$$

where γ_a are **FCC**: $\{\gamma_a, \gamma_b\} = \{\gamma_a, \chi_b\} = 0$,
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The consistence condition $0 \approx \dot{\chi} \approx \{\chi_a, H_c\} + \Delta_{ab} u^b$ leads to $u^b \approx -\Delta^{ba} \{\chi_a, H_c\}$

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Flows of the constraints

- Flows generated by the SCC lead off the constraint surface
- Flows generated by the **FCC** stay on the constraint surface and are identified with **gauge transformation**
- Dirac conjecture: all FCC generate gauge transformations (exotic counterexamples)

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canonical ADM-Hamiltonian

We deduced the canonical variables h^{ab} , N^a , N and their canonical momenta

$$P^{ab} = \frac{s}{2\kappa} \sqrt{h} [h^{ab} K - K^{ab}], \quad \Pi = 0, \quad \Pi_a = 0$$

$$K^2 = \frac{\kappa^2}{\det(h)} P^2, \quad K_{ab} K^{ab} = \frac{\kappa^2}{\det(h)} [4P_{ab} P^{ab} - P^2]$$

The canonical ADM-Hamiltonian is obtained via a Legendre transformation

$$\begin{aligned} H_{\text{ADM}}^c &:= \int dx^3 [P^{ab} \dot{h}_{ab} - \mathcal{L}_{\text{ADM}}] \\ &= \int dx^3 (L_N h)_{ab} P^{ab} + \frac{N}{2\kappa} \left(\frac{-4s\kappa^2}{\sqrt{h}} \left[P_{ab} P^{ab} - \frac{P^2}{2} \right] - \sqrt{h} R \right) \\ &=: \int dx^3 NH + N^a H_a \end{aligned}$$

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Secondary Constraints

The primary Hamiltonian is

$$H_{\text{ADM}}^p := H_{\text{ADM}}^c + u^a \Pi_a + u \Pi$$

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- Following the Dirac-Bergman algorithm, we must impose H_a (the **spatial Diffeomorphism constraint**) and H (the **Hamiltonian constraint**) as secondary constraints.
- N_a and N can be treated as Lagrange multipliers, and are thus arbitrary
- The Hamiltonian is a linear combination of constraints and thus vanishes on the physical phase space. (No true Hamiltonian)
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Geometrical Interpretation of Constraints

We want to know what the Hamiltonian flow of the physical phase space variables P_{ab} and q_{ab} with respect to the constraints is.

$$\{H(N), P^{ab}\} = [0]_{\Gamma, G_{\mu\nu}=0} + L_{Nn} P^{ab}$$

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Geometrical Interpretation of Constraints

We want to know what the Hamiltonian flow of the physical phase space variables P_{ab} and q_{ab} with respect to the constraints is.

$$\{H(N), P^{ab}\} = [0]_{\Gamma, G_{\mu\nu}=0} + L_{Nn} P^{ab}$$

$$\{H(N), q^{ab}\} = [0]_{\Gamma, G_{\mu\nu}=0} + L_{Nn} q^{ab}$$

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EOM

The ADM-EOM are

$$\dot{P}^{ab} = \{P^{ab}, H_{\text{ADM}}^p\}, \quad \dot{q}^{ab} = \{q^{ab}, H_{\text{ADM}}^p\}$$

Time evolution well defined

Further topics

- Matter can be coupled and leads to a variation of the constraints, e.g. $H_a \rightarrow H_a + \sqrt{h} J_a$ (J_a Poynting vector)
- For fermions the vierbein is decomposed, rather than the 4-metric
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5 Conclusions

- Gravity can be cast into Hamiltonian form, the physical variables are the 3-metric and its momentum
- Lapse function and shift vector turn out to be Lagrange multipliers
- Diffeomorphism invariance is preserved
- Gauge theories are singular and thus constraint Hamiltonian systems
- Consistency of the primary constraints yield spacial Diffeomorphism- and Hamiltonian constraint that generate Diffeomorphisms
- Let the Canonical Quantization begin...

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